

Beautify Spa Fountain of Youth Health & Wellness Tests (33 Tests)

**Starting in Our 30's, Our Internal System
Changes Dramatically! This Creates Aging Issues
& Disrupts the Quality of Our Life!**

**You Already Treat Your Skin From the Outside...
By Treating Your Skin From the Inside,
You Can Look More Youthful!
*And Feel More Youthful As Well!***

**Beautify 33 Tests: Testing Aging Issues, Hormones, Thyroid, Inflammation
Metabolism Issues, Sex Hormones, Heart Health, Immune System,
Weight Gain, Energy, Vitamins & Mineral Deficiencies,
Vitality, Mood, Anemia, Liver, Kidney, Electrolytes, Cholesterol,
Cortisol, Blood Sugar Abnormalities & Adrenals & More!**

Inflammation & Weight Gain

Homocysteine: Tests for a deficiency in Vitamins B12 & B6 (folic acid). High levels of homocysteine in the blood can damage the lining of the arteries. This can increase the risk of blood vessel blockages (blood clots) and may increase a person's risk of developing cardiovascular disease and Cancer. **Walk-in Lab Test Price: \$69**

Hs-CRP: High-sensitivity C-Reactive Protein test measures levels of inflammation in your body. The hs-CRP test can be used to find the risk for heart disease and stroke in people who don't already have heart disease. Some conditions that may cause an elevated hs-CRP level include: irritable bowel syndrome (IBS), Atherosclerosis (*a disease of the arteries characterized by the deposition of plaques of fatty material on their inner walls*), diabetes and a sedentary lifestyle. **Walk-in Lab Test Price: \$63**

Apolipoproteins – Apo A-1 & ApoB (2 Tests): This blood test is used to evaluate the overall heart health and heart attack risk of a person. Apolipoproteins are used to metabolize lipids and create high-density lipoproteins (HDLs), often called "good" cholesterol. The HDL moves through the bloodstream and helps remove "bad" cholesterol from the artery walls and moves it to the liver, which then filters out bad cholesterol and expels it as waste from the body. If the levels of apolipoprotein or HDL are too low, bad cholesterol may build up and start blocking the arteries, increasing the risk of a heart attack caused by a blood clot. **Walk-in Lab Price: \$108**

Lipids: Lipids are a group of fats and fat-like substances that are important constituents of cells and sources of energy. They contribute to a variety of functions in the body such as the production of hormones, which is essential for the growth and reproduction, the development of cells in tissues and organs throughout the body and the absorption of nutrients from the food you eat. Excess lipids can cause the buildup of plaques in the blood vessels. Plaques cause the narrowing or blockage of blood vessels which can lead to heart disease or events such as heart attack and stroke. Monitoring and maintaining healthy lipid levels is important in staying healthy. **Walk-in Lab Test Price: \$38**

Anti-Aging, Metabolism & Hormonal Health

Human IGF-I: Is a test to measure your Grow Hormone. Grow hormone helps you feel younger & look younger. Deficiency symptoms include a decrease in the amount of muscle and strength, increase in the amount of fat in the body (*especially around the waist*), abnormalities of 'good' and 'bad' cholesterol. This can lead to an increase in the risk of heart disease, abnormalities in the circulation, osteoporosis (brittle bones), low energy levels and decreased stamina, impaired concentration and memory. **Walk-in Lab Test Price: \$74**

Cortisol: Too much Cortisol "Stress hormone" can cause weight gain, especially around the waist. It causes inflammation and can create a rounded, puffy face. It can also cause pink or purple stretch marks on your skin, plus, high blood pressure, bone loss, Type 2 Diabetes and dysregulation of the immune system. **Walk-in Lab Test Price: \$78**

Adiponectin: Is a fat-derived hormone that appears to play a crucial role in protecting against insulin resistance/diabetes and atherosclerosis. Decreased adiponectin levels are thought to play a central role in the development of Type 2 diabetes, obesity and cardiovascular disease. It is a good test to check in case of difficulty losing weight, slow metabolism and water retention. **Walk-in Lab Test Price: \$118**

Leptin: A Hormone that regulates body weight, inhibiting hunger & diminishing fat storage. Leptin is supposed to tell your brain when you have enough fat stored, so you don't need to eat which can lead to burning calories at a normal rate. **Walk-in Lab Test Price: \$68**

Albumin: The albumin blood test is used to detect and diagnose a liver or kidney disorder. It is also used to assess the nutritional status of an individual. Albumin is a protein type created by the liver and you need an adequate albumin balance to keep the fluid from leaking from blood vessels. Albumin gives your body the proteins it needs to keep growing and repairing tissue. It also carries vital nutrients and hormones. **Walk-in Lab Test Price: \$34**

Pregnenolone: A critical hormone for healthy hormone balance as all other hormones are derived from it. It's used by the body in the production of all steroid hormones such as estrogen, progesterone, cortisol and testosterone. Pregnenolone levels naturally decrease as a person ages. *A deficiency in pregnenolone can result in deficiency in other hormones.* Symptoms can include skin disorders, poor memory, declining concentration and attention, fatigue, dry skin, joint and muscle pain, decreased sex drive, loss of bone density and decreased muscle mass. **Walk-in Lab Test Price: \$108**

Energy & Well-Being

CBC w/ differential and Platelets (all): The complete blood count (CBC) is a group of tests that evaluates the cells that circulate in blood, including red blood cells (RBCs), white blood cells (WBCs), and platelets (PLTs). The CBC can evaluate your overall health and detect a variety of diseases and conditions, such as infections, anemia and leukemia. **Walk-in Lab Test Price: \$33**

Comprehensive Metabolic Panel: Check's liver & kidneys function, electrolytes, blood sugar & blood proteins. Sodium, Potassium, Chloride, CO₂, Glucose, BUN, Creatine, BUN/Creatine Ratio, Calcium, Albumin, ALT, AST. **Walk-in Lab Test Price: \$33**

Ferritin: This test reveals if you have iron deficiency or excess iron, which can create chronic fatigue, chronic inflammation, joint pain, abdominal pain, liver disease, irregular heart rhythm, changes in skin color. **Walk-in Lab Test Price: \$33**

Hemoglobin A1c: A blood test that measures your average blood sugar levels over the past 3 months. It's one of the commonly used tests to diagnose pre-diabetes and diabetes 1 & 2. It's also the main test to help you manage your Diabetes. **Walk-in Lab Test Price: \$30**

Heart Health, Immune System & Vitality

Magnesium: Test measures the level of magnesium in the blood. Magnesium deficiency is the most common mineral deficiency in the western world. Magnesium is one of the most abundant minerals in the body and an important electrolyte and also needed for proper muscle, nerve, and enzyme function. This test is performed to find a cause for nerve and muscle problems, such as irritability, muscle twitches, and muscle weakness, low or high blood pressure, nausea, diarrhea, dizziness, vomiting, muscle weakness, and slurred speech, trouble breathing or heart problems. Low magnesium levels may increase the chances of life-threatening heart rhythm problems. **Walk-in Lab Test Price: \$33**

Folate (Vitamin B9): Tests for Folic acid deficiency. B9 vitamin is used by our bodies to make new cells. It is important because it can help prevent major birth defects of the baby's brain and spine (anencephaly and spina bifida) by 50% to 70%. Women need folic acid every day, whether they're planning to get pregnant or not, for the healthy new cells the body makes daily. The body needs Folate for normal growth and to make red blood cells (RBC), white blood cells(WBC), and platelets. Deficiency may accelerate age-related mental decline. **Walk-in Lab Price: \$54**

Vitamin B12: A deficiency can lead to macrocytic anemia (when the body produces fewer but larger red blood cells) and neuropathy (nerve damage causing tingling and numbness in the hands and feet). Symptoms that suggest a Vitamin B12 deficiency include: dizziness, weakness, fatigue, sore mouth or tongue. Common causes for Vitamin B12 deficiency include: malnutrition, liver disease, alcoholism, malabsorption disorders such as Celiac Disease, Cystic Fibrosis and Inflammatory Bowel Disease, and others. **Walk-in Lab Test Price: \$46**

Vitamin D, 25-OH: Vitamin D is essential in the growth and formation of musculo-skeletal and immune systems. Vitamin D also helps to regulate levels of calcium, phosphorus and magnesium in the blood. It has been shown to influence the growth of other tissues in the body as well as the regulation of the immune system. Vitamin D deficiency has been implicated in the development of conditions such as cancer, heart disease, osteoporosis and multiple sclerosis. Vitamin D deficiency includes: fatigue & tiredness, bone pain, joint pain, muscle pain, low mood, low energy, more frequent illnesses. **Walk-in Lab Test Price: \$70**

Sex Hormones

DHEA-S: Test evaluates whether the adrenal glands are working properly. Symptoms of high levels of DHEA-S in women include: excess body and facial hair growth, deepening of voice, menstrual irregularities, acne. DHEA-S deficiency can cause muscle weakness, fatigue, joints aches and pains, it can be a symptom of some autoimmune disorders. **Walk-in Lab Test Price: \$64**

Prolactin: This test measures a hormone called Prolactin. Symptoms include: irregular or no periods, Infertility, nipples discharge when you're not pregnant or nursing, tenderness in your breast, vision problems, headaches, and others. **Walk-in Lab Test Price: \$64**

SHBG (Sex Hormone Test): A protein produced by the liver. It binds tightly to the sex hormones, transporting them in the blood. Increased level of SHBG can create a situation of less sex hormones available for use in the body, which can manifest as a sex hormone deficiency. **Walk-In Lab Price: \$68**

Estradiol: This hormone helps to regulate metabolism & body weight. Menopausal symptoms are tightly correlated with low/declining levels of estrogen due to menopause or hysterectomy. Such symptoms can include but not limited to hot flashes, night sweats, insomnia, and many others. Lower levels of Estradiol may lead to weight gain. **Walk-in Lab Test Price: \$59**

Estrone (E1): Estrone levels usually increased in menopause. The level of estrone may correlate with the level of inflammation and sometimes it's called a "bad estrogen." Improper Estrone balance can cause you to age faster, weight-gain, liver disease, hyperthyroidism, adrenal gland tumors, ovarian cancer & breast cancer. **Walk-in Lab Test Price: \$98**

Progesterone: Progesterone is the main hormone responsible for regulating your cycle. Signs of low progesterone include; Irregular menstrual cycles, infertility, headaches or migraines, mood changes, including anxiety or depression. Progesterone deficiency after menopause contributes to weight gain, irritability, and insomnia. **Walk-in Lab Test Price: \$58**

Testosterone – Total & Free: (2 Tests in One) Low testosterone can cause one or more of the following symptoms in women: sluggishness, muscle weakness, fatigue. sleep disturbances, reduced sex drive, decreased sexual satisfaction, weight gain, and disinterest in daily activities. **Walk-in Lab Test Price: \$99**

Dihydrotestosterone (DHT): It's one of the metabolites of testosterone. Too much DHT may cause loss of hair and receding hairline, decreased sexual desire/libido and increased weight gain. It may also contribute to excess body hair, including body hair, including facial hair & acne. **Walk-in Lab Test Price: \$99**

Thyroid Health

TSH (Thyroid Stimulating Hormone): This test is a thyroid function test used to assist in the diagnosis of thyroid disorders, monitor thyroid replacement therapy in patients with Hypothyroidism and Hyperthyroidism. One type of thyroid disorder is Hypothyroidism which means that the thyroid gland is underactive. Some symptoms that can be related to this disorder are: weight gain, dry skin, constipation, feeling of being too cold, and tiredness. Another type of thyroid disorder is Hyperthyroidism which means that the thyroid gland is overactive. Symptoms associated with this disorder may include: weight loss, rapid heart rate, nervousness, diarrhea and a feeling of being too hot. **Walk-in Lab Test Price: \$35**

Free T3: Test is used to assess thyroid function. It is ordered primarily to help to diagnose a thyroid disorder and may be ordered to help monitor a treatment of a person with a known thyroid condition. Symptoms include: weakness & fatigue, difficulty sleeping, increased sensitivity to heat or cold, weight loss or gain, dry or puffy skin, puffy or bulging eyes, hair loss, and hand tremors. **Walk-in Lab Test Price: \$30**

Free T4: Test is used to assess thyroid function as well. It is ordered primarily to help to diagnose hypo- or hyperthyroidism and may be ordered to help monitor treatment of a person with a known thyroid disorder. Symptoms include: weakness & fatigue, difficulty sleeping, increased sensitivity to heat or cold, weight loss or gain, dry, puffy skin, dry, irritated, puffy, bulging eyes, hair loss & hand tremors. **Walk-in Lab Test Price: \$30**

Reverse T3: This test measures the inactive form of the Thyroid hormone T3, which may cause water retention, lack of energy, down mood & slow metabolism, dry skin, fatigue, feeling cold all the time, difficulty losing weight, or gaining weight easily, noticeable hair loss, high blood pressure and heart palpitations, slower than normal pulse rate, mood swings that range from mild to severe. **Walk-in Lab Test Price: \$68**

Anti-TPO (Thyroid Peroxidase Antibody): TPO antibody levels is the most sensitive test for detecting autoimmune thyroid disease, such as Hashimoto's disease, idiopathic myxedema and Graves' disease. In autoimmune disorders, your immune system makes antibodies that mistakenly attack normal thyroid tissue. **Walk-in Lab Test Price: \$63**

Total Value of 33 Total Tests: \$1,925.00

(Prices derived from WalkinLab.com - checked May 2021 - LabCorp).

We Give You A Huge Discount!

How Much is Your Health & Well-Being Worth?